

**Irena Sgallová**

**Psychiatrist, psychotherapist**

I am from Prague. I have been working as a psychiatrist more than twenty-five years and as a psychotherapist more than fifteen years. I have a Person Centred Approach psychotherapeutic training (PCA), and a psychodynamic training in Rafael Institut focusing on trauma. I worked in psychiatric hospitals in Beřkovice and Bohnice, in Psychosomatic and psychotherapeutic clinic Eset and in Daily sanatorium Fokus, where I focused on work with clients with personality disorders. Now I am working in the Center of psychotherapeutic services Břehová. Here I do mainly individual psychotherapy; I also do day-care therapy and outpatient psychiatric care. I focus on work with traumatized patients including clients originating from other countries. I work only with adults.

I like traveling in my free time and I enjoy learning about life in other countries. With my family, we lived in Israel, the Netherlands and the U.S.A.

Within the Center of psychotherapeutic services Břehová I can offer psychotherapeutic consultations to adult migrants. In limited cases I can also offer individual psychotherapy and outpatient psychiatric care.

Languages: Czech, English

